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## Eligibility:

- Ages 4-8 with Hemiplegia
- Must be able to follow basic directions and the group dynamic
- Independent ambulator over all surfaces
- No aggressive behaviors to self or others
- Please contact us at Arlington Pediatric Therapy to discuss your child's abilities



## Camp Includes:

- Three-week intensive therapy provided by Occupational and Physical Therapists
- Pre and post evaluations
- Recommendations for home programming
- Parent training on specific activities to be implemented in the home setting
- A child friendly constraint for the non-involved hand



For further questions about Adventure Camp please contact:

- Jennifer Scoggins OTR/L x525
- Cristina Mix OTR/L x513
- Sarah Grubich DPT x427



# Are you ready for an adventure?

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*Join us for Adventure  
Camp 2011!  
Children ages 4-8  
with Hemiplegia*



*Sessions: Monday through  
Thursday Intensive Three-Week  
Program*

*Dates: June 13<sup>th</sup>-30<sup>th</sup>*

*Times: 9:00 am to 12:00 pm*

*\*\*A pre-evaluation will be  
completed on June 10<sup>th</sup> and  
graduation will take place on July  
1<sup>st</sup> times to be determined*

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## Adventure Camp!

Adventure Camp is an intensive therapy camp for children with hemiplegia. Children will participate in gross motor and fine motor activities with the use of a removable cast on the unaffected arm in order to strengthen the affected (or weaker) arm

Adventure Camp is designed to maximize a child's potential and develop their strengths and hidden abilities while providing an opportunity to stimulate a child's awareness and interest in their environment and in relationships, while building their confidence, self-esteem and growth towards independence.



*Firefighter Adventure Day*

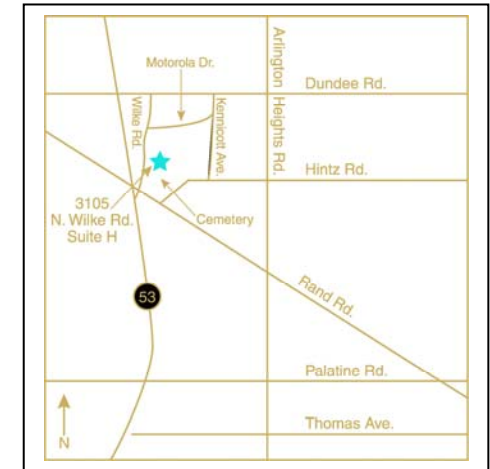
## Therapy Techniques used:

-Constraint-Induced Movement Therapy (CIMT)-is a form of therapy that helps regain the use of the affected limb. The focus of CIMT lies with forcing the child to use the affected limb by restraining the unaffected one. The affected limb is then used intensively. As a result of the patient engaging in repetitive exercises with the affected limb, the brain grows new neural pathways.

-Neuro-Developmental Treatment (NDT)- NDT is a problem-solving approach to the examination and treatment of the impairments and functional limitations of children with cerebral palsy. NDT focuses on the analysis and treatment of sensorimotor impairments and functional limitations

-Hand-Arm Intensive Bimanual Training (HABIT)-aims to improve the use and coordination of both arms in daily function. It involves intensive bimanual training

## Arlington Pediatric Therapy



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